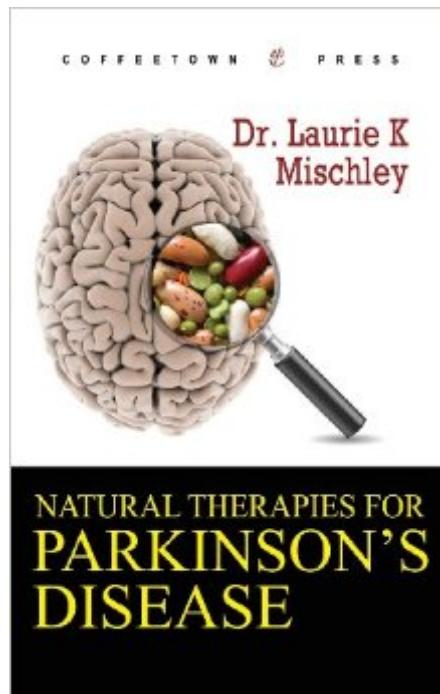


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Natural Therapies For Parkinson's Disease



Synopsis

Conventional management of Parkinson's disease (PD) is limited. The pharmaceutical and surgical options that are available have significant side effects and only correct symptoms for a limited period of time. Even with the best conventional treatment, the disease progresses and becomes severely disabling. No existing conventional therapies that the progress of the disease; available medicines only treat symptoms temporarily. Conventional medicine views the course of the disease as "progressive" and "irreversible." Many patients, who are only partially satisfied with conventional medicine, seek alternative and complementary options in an attempt to slow, stop, or reverse the disease process. This book has several functions: - It is a science-based reference manual. - It is inspiring and empowering to patients. - It is educational for both patients and neurologists. - It is entertaining. - It fosters an understanding between conventional and complementary providers. Chapters on , Alpha-Lipoic Acid, Aluminum, Antioxidants, Beta-carotene, Calorie Restriction, Carnitine, Chelation, Cholesterol, Choline, Coenzyme Q-10, Constipation, Creatine, Curcumin (Turmeric), Dairy, DHA (fish oil), Fava Beans, Glutathione, H. pylori (*Helicobacter pylori*), Homocysteine, Iron, Manganese, Marijuana (*Cannabis sativa*), Mucuna pruriens, Velvet bean, Cowhage, Niacin, Tea, Vitamin B6, Vitamin D, and other topics.

Book Information

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Customer Reviews

The author has several pages on Aluminum as a factor in PD. How important is it? For my father it was the most important factor. The author states that toxins that increase free radicals can be a

cause of Parkinsons. Aluminum and mercury can increase free radicals in the body. pesticides are another important factor for my father. Playing golf would cause him to collapse with heart palpitations because of all the herbicides/pesticides vaporizing from the turf. My father developed PD in 1980. I tried to treat him with nutrition and detoxification. He would avoid some of the foods I suggested but would eat a serving of cookies, cake and ice cream whenever he got the chance and I was not around to stop him. Aluminum salts are used in these foods as an emulsifier to prevent caking. He also would drink municipal tap water that is a source of aluminum when away from home. His shaking would become so severe that he couldn't read a book, He would shuffle his feet rather than normal walking and he would uncontrollably smack his lips. I would give him a soak in a detox bath and when he got out after a half hour these aforementioned symptoms would be about one tenth as severe as before he had the detox bath. Every week or two he would get his detox bath always with the same good results. But he loved sugar containing foods and continued to eat them whenever he went out to a party, gathering or if he could get someone to get some for him when I was busy doing something else. What I put in the bath was a mild chelator that pulled the aluminum out of the skin, but I have now discovered that Malic acid is even better. Beer and wine making supply stores sell Malic acid for food/beverage use. sells a pound of food grade malic acid for \$19.

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